



Headteacher: Cath Thomas • Deputy Headteacher: Sarah Holman

Thursday, 07 November 2024

KS1 Sports Hall Athletics – English Institute of Sport Tuesday 12th November 2024

Dear Parents and Carers,

We are delighted to offer your child the opportunity to take part in an indoor athletics event at **The English Institute of Sport**. This is a fantastic opportunity for children to develop their physical literacy. Physical literacy refers to the skills, motivation, and confidence needed to engage in physical activities. It helps children to build a foundation for lifelong participation in sports and active living.

The trip will take place on Tuesday 12th November 2024. We will be travelling by coach and arriving at The English Institute of Sport for **12:30 p.m. and departing at 3:00 p.m.** We aim to be **back at school for 3:30 p.m.**, but this could vary depending on traffic. If there are any delays, we will inform you accordingly.

On the day of the trip, **your child should come to school in their PE kit.** Please ensure that your child is wearing the appropriate PE kit, including suitable trainers, and is **not wearing any jewellery.**

Thank you for your support.

Mr. Rowe

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KS1 Sports Hall Athletics at The English Institute of Sport

I give my permission for my child _____ to attend the KS1 Sports Hall Athletics at The English Institute of Sport – Tuesday 12th November 2024

Signed Parent/Carer

