

## PHSE Curriculum 2024/25

### 3 Strands

Relationships	
Family	Friends

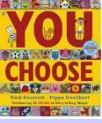
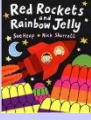

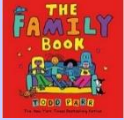
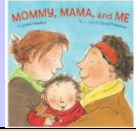

Living in the Wider World	
Our Communities	Online Safety

Health and Wellbeing		
Mental Wellbeing	Physical Health	Growing Up

### **No Outsiders – Protected Characteristics**

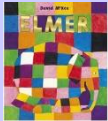
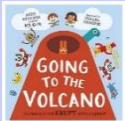
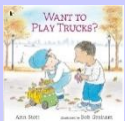



A = Age, R = Race, RB = Religion and beliefs, S = Sex/Gender, D = Disability, MCP = Marriage and Civil Partnership, SO = Sexual Orientation, GR = Gender Reassignment, PM = Pregnancy and Maternity

FS2




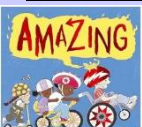

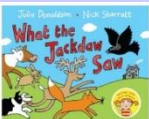
Lesson	Identity and Diversity		Sustainable Development		Globalisation and Interdependence	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1	<p><u>No Outsiders</u></p> <p>R, S, A</p> 	<p><u>No Outsiders</u></p> 	<p><u>No Outsiders</u></p>  <p>R</p>	<p><u>No Outsiders</u></p>  <p>R, S, MCP, D, SO, A</p>	<p><u>No Outsiders</u></p>  <p>MCP, SO, S</p>	<p><u>No Outsiders</u></p>  <p>R</p>
2	<p><u>Project Evolve Online Safety</u></p> <p>Self-Image and Identity L1</p>	<p><u>Project Evolve Online Safety</u></p> <p>Online Relationships L1</p>	<p><u>Project Evolve Online Safety</u></p> <p>Online Bullying L1</p>	<p><u>Project Evolve Online Safety</u></p> <p>Managing Online Information L1</p>	<p><u>Project Evolve Online Safety</u></p> <p>Privacy and Security L1</p>	<p><u>Project Evolve Online Safety</u></p> <p>Health Wellbeing and Lifestyle L1</p>
3		<p><u>Project Evolve Online Safety</u></p> <p>Online Reputation L1</p>		<p><u>Project Evolve Online Safety</u></p> <p>Copyright L1</p>	<p><u>Project Evolve Online Safety</u></p> <p>Privacy and Security L2</p>	


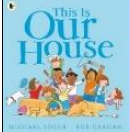

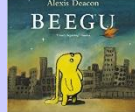
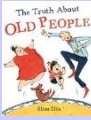

Project Evolve	<p>Self-Image and Identity L1</p> <p>Online Relationships L1</p> <p>Online Reputation L1</p>	<p>Online Bullying L1</p> <p>Managing Online Information L1</p> <p>Copyright L1</p>	<p>Privacy and Security L1 + L2</p> <p>Health Wellbeing and Lifestyle L1</p>
----------------	--	---	--

Y1







Lesson	Identity and Diversity		Sustainable Development		Globalisation and Interdependence	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Living in the Wider World	Health and Wellbeing	Relationships	Health and Wellbeing	Relationships	Health and Wellbeing (Healthy, Happy Week)
1	<u>Community</u> C1 How do we make a happy school?	<u>Mental health</u> M1 Where do feelings come from?	<u>Friends</u> F1 Who is my friend?	<u>Physical</u> P1 How do I help my body stay healthy?	<u>Family</u> Fa1 Who's in my family?	<u>Physical</u> P3 How do we stop getting ill?
2	<u>No Outsiders</u> 	M3 What helps me to be happy?	F2 What makes a good friend?	P2 How do I decide what to eat?	Fa2 Do families always stay the same?	P4 How do I stay safe?
3	<u>KS1 Anti-Racism Education</u> L1 – Talking About Race and Racism	<u>No Outsiders</u> 	<u>No Outsiders</u> S, SO A 	<u>No Outsiders</u> R 	<u>No Outsiders</u> R, RB 	<u>No Outsiders</u> 
4	<u>Project Evolve Online Safety</u> Self-Image and Identity L1	<u>KS1 Anti-Racism Education</u> L2 – Defining Anti-Racism	<u>Project Evolve Online Safety</u> Online Bullying L1	<u>Project Evolve Online Safety</u> Privacy and Security L3	<u>KS1 Anti-Racism Education</u> L3 – Redefining Racism	<u>KS1 Anti-Racism Education</u> L4 – Understanding Racial Socialisation and Stereotypes
5	<u>Project Evolve Online Safety</u> Self-Image and Identity L2	<u>Project Evolve Online Safety</u> Online Relationships L3	<u>Project Evolve Online Safety</u> Privacy and Security L1	<u>Project Evolve Online Safety</u> Online Reputation L1	<u>Project Evolve Online Safety</u> Managing Online Information L1	<u>Project Evolve Online Safety</u> Health Wellbeing and Lifestyle L1
6	<u>Project Evolve Online Safety</u> Online Relationships L1	<u>Project Evolve Online Safety</u> Online Relationships L4	<u>Project Evolve Online Safety</u> Privacy and Security L2	<u>Project Evolve Online Safety</u> Online Reputation L2	<u>Project Evolve Online Safety</u> Managing Online Information L2	

Project Evolve	Self-Image and Identity L1 and L2 Online Relationships L1, L2 and L4	Online Bullying L1 Privacy and Security L1, L2 and L3 Online Reputation L1 and L2	Managing Online Information L1 and L2 Health Wellbeing and Lifestyle L1
----------------	---	---	--







Lesson	Identity and Diversity		Sustainable Development		Globalisation and Interdependence	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Living in the Wider World	Health and Wellbeing	Relationships	Health and Wellbeing	Relationships	Health and Wellbeing (Healthy, Happy Week)
1	<u>Community</u> C2 Who lives in my neighborhood?	<u>Mental health</u> M2 Who am I ?	<u>Friends</u> F3 Should friends tell us what to do?	<u>Physical</u> P3 How do we stop getting ill?	<u>Family</u> Fa3 How should families treat each other?	G1 How do bodies change as we get older?
2	C4 How do I save up to buy something?	<u>No Outsiders</u> S 	F4 How do we stop bullying?	P4 How can I stay safe?	Fa4 When should I say no?	C3 What makes a boy or a girl?
3	<u>No Outsiders</u> 	<u>KS1 Anti-Racism Education</u> L5 – Unconscious Bias	<u>No Outsiders</u> R, A, MCP, D, PM 	<u>No Outsiders</u> D 	Fa5 Who owns my body? I do!	<u>No Outsiders</u> R, RB, D, SO, GR,  S, A, PM, MCP
4	<u>Project Evolve Online Safety</u> Self-Image and Identity L1	<u>Project Evolve Online Safety</u> Online Relationships L3	<u>KS1 Anti-Racism Education</u> L6 – Being Anti-Racist in Our Actions	<u>Project Evolve Online Safety</u> Privacy and Security L1	Fa6 Are all families the same?	<u>KS1 Anti-Racism Education</u> L8 – Myth Busting
5	<u>Project Evolve Online Safety</u> Self-Image and Identity L2	<u>Project Evolve Online Safety</u> Online Relationships L4	<u>Project Evolve Online Safety</u> Online Bullying L1	<u>Project Evolve Online Safety</u> Privacy and Security L2	<u>No Outsiders</u> D 	<u>Project Evolve Online Safety</u> Managing Online Information L4
6	<u>Project Evolve Online Safety</u> Online Relationships L1	<u>Project Evolve Online Safety</u> Online Relationships L6	<u>Project Evolve Online Safety</u> Online Bullying L2	<u>Project Evolve Online Safety</u> Online Reputation L1	<u>KS1 Anti-Racism Education</u> L7 – Representation Matters	<u>Project Evolve Online Safety</u> Copyright L1
Project Evolve	Self-Image and Identity L1 and L2 Online Relationships L1, L3, L4 and L6		Online Bullying L1 and L2 Privacy and Security L1 and L2 Online Reputation L1		Managing Online Information L4 Copyright L1	


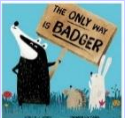




Lesson	Identity and Diversity		Sustainable Development		Globalisation and Interdependence	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Living in the Wider World	Health and Wellbeing	Relationships	Health and Wellbeing	Relationships	Health and Wellbeing (Healthy, Happy Week)
1	<u>Community</u> C1 How do we make the world fair?	<u>Mental health</u> M1 How do I manage my feelings?	<u>Friends</u> Fr1 What makes a good friend?	<u>Physical</u> P1 How do I keep my body healthy?	<u>Family</u> Fa1 Do families always stay the same?	<u>No Outsiders</u> R, RB, G 
2	<u>No Outsiders</u>  R, RB, S, A, D, SO, PM, GR, MCP	<u>No Outsiders</u> D 	<u>No Outsiders</u> R, S, A, SO, GR,  RB, D, PM, MCP	P2 How do I get a healthy diet?	Fa2 Are all families like mine?	Project Evolve Online Safety Managing Online Information L6
3	<u>KS2 Anti-Racism Education</u> L1 – Talking About Race and Racism	Project Evolve Online Safety Online Relationships L3	<u>KS2 Anti-Racism Education</u> L2 – Defining Anti-Racism	<u>No Outsiders</u> A 	<u>No Outsiders</u> R, A, D, PM, MCP  RB, S, SO, GR,	Project Evolve Online Safety Health Wellbeing and Lifestyle L1
4	Project Evolve Online Safety Self-Image and Identity L2	Project Evolve Online Safety Online Relationships L5	Project Evolve Online Safety Online Bullying L1	Project Evolve Online Safety Online Reputation L1	Project Evolve Online Safety Managing Online Information L1	Project Evolve Online Safety Health Wellbeing and Lifestyle L2
5	Project Evolve Online Safety Self-Image and Identity L3	Project Evolve Online Safety Online Relationships L6	Project Evolve Online Safety Online Bullying L2	Project Evolve Online Safety Online Reputation L2	Project Evolve Online Safety Managing Online Information L4	Project Evolve Online Safety Copyright L1
6	Project Evolve Online Safety Online Relationships L2		Project Evolve Online Safety Privacy and Security L2		Project Evolve Online Safety Managing Online Information L5	

Project Evolve	Self-Image and Identity L2 and L3 Online Relationships L2, L3, L5 and L6	Online Bullying L1 and L2 Privacy and Security L2 Online Reputation L1 and L2	Managing Online Information L1, L4, L5 and L6 Health Wellbeing and Lifestyle L1 and L2 Copyright L1
----------------	---	---	---

Lesson	Identity and Diversity		Sustainable Development		Globalisation and Interdependence	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
		Living in the Wider World	Health and Wellbeing	Relationships	Health and Wellbeing	Relationships
1	<u>Community</u> C2 Where do you feel like you belong?	<u>Mental health</u> M2 Are we happy all the time?	<u>Friends</u> Fr2 Are all friends the same?	<u>Physical</u> P3 How do I stop getting ill?	<u>Family</u> Fa3 Are boys and girls the same?	<u>No Outsiders</u> S, GR 
2	C3 How can we help the people around us?	<u>No Outsiders</u> S, A,  D	Fr3 Are friendships always fun?	<u>No Outsiders</u> 	<u>No Outsiders</u> 	<u>KS2 Anti-Racism Education</u> L4 – Understanding Racial Socialisation and Stereotypes
3	<u>No Outsiders</u> R, RB, SO, GR,  S, A, D, PM, MCP	<u>KS2 Anti-Racism Education</u> L3 – Redefining Racism	<u>No Outsiders</u> 	<u>Project Evolve Online Safety</u> Privacy and Security L3	<u>Project Evolve Online Safety</u> Managing Online Information L1	<u>Project Evolve Online Safety</u> Managing Online Information L6
4	<u>Project Evolve Online Safety</u> Self-Image and Identity L1	<u>Project Evolve Online Safety</u> Online Relationships L3	<u>Project Evolve Online Safety</u> Online Bullying L2	<u>Project Evolve Online Safety</u> Privacy and Security L4	<u>Project Evolve Online Safety</u> Managing Online Information L3	<u>Project Evolve Online Safety</u> Health Wellbeing and Lifestyle L1
5	<u>Project Evolve Online Safety</u> Self-Image and Identity L3	<u>Project Evolve Online Safety</u> Copyright L1	<u>Project Evolve Online Safety</u> Online Bullying L3	<u>Project Evolve Online Safety</u> Online Reputation L1	<u>Project Evolve Online Safety</u> Managing Online Information L4	<u>Project Evolve Online Safety</u> Health Wellbeing and Lifestyle L2
6	<u>Project Evolve Online Safety</u> Online Relationships L2	<u>Project Evolve Online Safety</u> Copyright L2	<u>Project Evolve Online Safety</u> Privacy and Security L1	<u>Project Evolve Online Safety</u> Online Reputation L2		

Project Evolve	Self-Image and Identity L1 and L3 Online Relationships L2 and L3 Copyright L1 and L2	Online Bullying L2 + L3 Privacy and Security L1, L3 and L4 Online Reputation L1 and L2	Managing Online Information L1, L3 L4 and L6 Health Wellbeing and Lifestyle L1 and L2
----------------	--	--	--

Lesson	Identity and Diversity		Sustainable Development		Globalisation and Interdependence	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Living in the Wider World	Health and Wellbeing	Relationships	Health and Wellbeing	Relationships	Health and Wellbeing (Healthy, Happy Week)
1	<u>Community</u> C1 What is prejudice?	<u>Growing Up</u> G4 What is menstruation?	<u>Friends</u> Fr1 What makes a close friend?	<u>Physical</u> P1 Is there such thing as a perfect body?	<u>Family</u> Fa1 Why do some people get married?	<u>Mental health</u> M1 Does everyone have the same feelings?
2	C2 What is the history of prejudice?	<u>No Outsiders</u> SO, R,  RB, D	Fr2 Can we be different and still be friends?	P2 How can I stay fit and healthy?	Fa2 Are families ever perfect?	M2 Should we be happy all the time?
3	C3 What should I do if I encounter prejudice?	<u>KS2 Anti-Racism Education</u> L5 – Unconscious Bias	Fr3 Should friends tell us what to do?	P3 How can I avoid getting ill?	Fa3 Is there such thing as a normal family?	<u>No Outsiders</u>  SO
4	<u>No Outsiders</u>  SO, S, MCP	<u>Project Evolve Online Safety</u> Online Bullying L1	Fr4 Why are some people unkind?	<u>No Outsiders</u> 	<u>No Outsiders</u> S, R,  RB	<u>KS2 Anti-Racism Education</u> L6 – Being Anti-Racist in Our Actions
5	<u>Project Evolve Online Safety</u> Online Relationships L2	<u>Project Evolve Online Safety</u> Online Bullying L2	<u>No Outsiders</u>  R	<u>Project Evolve Online Safety</u> Online Bullying L6	<u>Project Evolve Online Safety</u> Managing Online Information L7	<u>Project Evolve Online Safety</u> Health Wellbeing and Lifestyle L2
6	<u>Project Evolve Online Safety</u> Online Relationships L3	<u>Project Evolve Online Safety</u> Online Bullying L3	<u>Project Evolve Online Safety</u> Online Bullying L5	<u>Project Evolve Online Safety</u> Managing Online Information L6	<u>Project Evolve Online Safety</u> Managing Online Information L8	<u>Project Evolve Online Safety</u> Health Wellbeing and Lifestyle L4
Project Evolve	Online Relationships L2 and L3 Online Bullying L1, L2 and L3.		Online Bullying L5 and L6 Managing Online Information L6		Managing Online Information L7 and L8 Health Wellbeing and Lifestyle L2 and L4	

Lesson	Identity and Diversity		Sustainable Development		Globalisation and Interdependence	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Living in the Wider World	Health and Wellbeing	Relationships	Health and Wellbeing	Relationships	Health and Wellbeing (Healthy, Happy Week)
1	Community C5a Why is money important?	Mental health M3 Why do we argue?	Friends Fr5 What are stereotypes?	Physical P4 Why do some people take drugs?	No Outsiders GR,  SO	Physical G1 How will my body change as I get older?
2	C5b How should I spend my money?	M4 Who am I?	Fr6 How do I accept my friends for who they are?	P5 Where should I get my health information?	KS2 Anti-Racism Education L8 – Myth Busting	G2 How will my feelings change as I get older?
3	C6 What makes us feel like we belong?	No Outsiders 	Fr7 How do we reduce sexism?	P6 How do I save a life?	Project Evolve Online Safety Self-Image and Identity L1	G3 How will I stay clean during puberty?
4	C7 What does it mean to be British?	KS2 Anti-Racism Education L7 – Representation Matters	No Outsiders 	No Outsiders R 	Project Evolve Online Safety Managing Online Information L4	No Outsiders SO 
5	No Outsiders  R, A, RB	Project Evolve Online Safety Online Relationships L4	Project Evolve Online Safety Online Bullying L1	Project Evolve Online Safety Privacy and Security L4	Project Evolve Online Safety Managing Online Information L5	Project Evolve Online Safety Health Wellbeing and Lifestyle L1
6	Project Evolve Online Safety Online Relationships L3	Project Evolve Online Safety Online Reputation L2	Project Evolve Online Safety Online Bullying L2	Project Evolve Online Safety Privacy and Security L5	Project Evolve Online Safety Managing Online Information L10	Project Evolve Online Safety Health Wellbeing and Lifestyle L4

Project Evolve	Online Relationships L3 and L4 Online Reputation L2	Online Bullying L1 and L2 Privacy and Security L4 and L5	Self-Image and Identity L1 Managing Online Information L4, L5 and L10 Health Wellbeing and Lifestyle L1 and L4
----------------	--	---	--



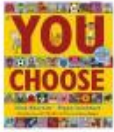


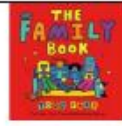
















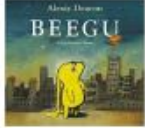

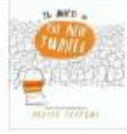

















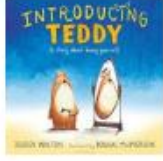

## Happy, Healthy Week

	Monday	Tuesday	Wednesday	Thursday	Friday
Y1 (6 Lessons)	<u>Medicines and People Who Help Us</u> Staying Healthy	<u>Medicines and People Who Help Us</u> Medicines	<u>Medicines and People Who Help Us</u> Who Gives Us Medicines?	Sports Day	Dental – KS1
	Burn L1 Learn		Burn L2 Practise		
Y2 (6 Lessons)	<u>Keeping Safe</u> Risk	<u>Keeping Safe</u> Hazardous Substances	<u>Keeping Safe</u> Safety Rules		Sun Safety – KS1
	Asthma Attack L1 Learn		Asthma Attack L2 Practise		
Y3 (6 Lessons)	<u>Smoking</u> Why People Smoke	<u>Smoking</u> Physical Effects of Smoking	<u>Smoking</u> No Smoking		Dental – KS2
	Bleeding L1 Learn		Bleeding L2 Practise		
Y4 (6 Lessons)	<u>Alcohol</u> Effects of Alcohol	<u>Alcohol</u> Alcohol and Risk	<u>Alcohol</u> Limits to Drinking Alcohol		Sun Safety – KS2
	Broken Bone L1 Learn		Broken Bone L1 Practise		
Y5 (6 Lessons)	<u>Legal and Illegal Drugs</u> Legal and Illegal Drugs	<u>Legal and Illegal Drugs</u> Attitudes to Drugs	<u>Legal and Illegal Drugs</u> Peer Pressure		Dental – KS2
	Head Injury L1 Learn		Head Injury L2 Practise		
Y6 (6 Lessons)	<u>Preventing Early Use</u> Cannabis	<u>Preventing Early Use</u> VSA and Getting Help	<u>Preventing Early Use</u> Help Advice and Support		Sun Safety – KS2
	Choking L1 Learn		Choking L2 Practise		
CWP Drug and Alcohol Education		British Red Cross First Aid Resources		PSHE Association Dental Health	PSHE Association Sun Safety

Project Evolve – Online Safety Curriculum

	Self-Image and Identity	Online Relationships	Online Bullying	Privacy and Security	Online Reputation	Managing Online Information	Health Wellbeing and Lifestyle	Copyright
EYFS	L1	L1	L1	L1 and L2	L1	L1	L1	L1
Y1	L1 and L2	L1, L2 and L4	L1	L1, L2 and L3	L1 and L2	L1 and L2	L1	
Y2	L1 and L2	L1, L3, L4 and L6	L1 and L2	L1 and L2	L1	L4		L1
Y3	L2 and L3	L2 , L3, L5 and L6	L1 and L2	L2	L1 and L2	L1, L4, L5 and L6	L2	L1
Y4	L1 and L3	L2 and L3	L2 + L3	L1, L3 and L4	L1 and L2	L1, L3 L4 and L6	L1 and L2	L1 and L2
Y5		L2 and L3	L1, L2, L3, L5 and L6			L6, L7, L8	L2 and L4	
Y6	L1	L3 and L4	L1 and L2	L4 and L5	L2	L4, L5 and L10	L1 and L4	

No Outsiders Curriculum Overview

FS2	 R, S, A		 R	 R, S, MCP, D, SO, A	 MCP, SO, S	 R
Y1			 S, SO, A	 R	 R, RB	
Y2		 S	 R, A, SO, MCP, RB, D, PM	 D	 D	 R, RB, S, A, D, SO, PM, GR, MCP
Y3	 R, RB, S, A, D, SO, PM, GR, MCP	 D	 R, RB, S, A, D, SO, PM, GR, MCP	 A	 R, RB, S, A, D, SO, PM, GR, MCP	 R, RB, G
Y4	 R, RB, S, A, D, SO, PM, GR, MCP	 S, A, D				 S, GR
Y5	 SO, S, MCP	 SO, R, RB, D	 R	 D	 S, R, RB	 SO
Y6	 R, A, RB			 R	 GR, SO	 SO

Protected Characteristics: A = Age, R = Race, RB = Religion and beliefs, S = Sex/Gender, D = Disability, MCP = Marriage and Civil Partnership, SO = Sexual Orientation, GR = Gender Reassignment, PM = Pregnancy and Maternity

## CWP Drug and Alcohol Education

<b>1</b>	<u>Medicines and People Who Help Us Staying Healthy</u>	<u>Medicines and People Who Help Us Medicines</u>	<u>Medicines and People Who Help Us Who Gives Us Medicines?</u>
<b>2</b>	<u>Keeping Safe Risk</u>	<u>Keeping Safe Hazardous Substances</u>	<u>Keeping Safe Safety Rules</u>
<b>3</b>	<u>Smoking Why People Smoke</u>	<u>Smoking Physical Effects of Smoking</u>	<u>Smoking No Smoking</u>
<b>4</b>	<u>Alcohol Effects of Alcohol</u>	<u>Alcohol Alcohol and Risk</u>	<u>Alcohol Limits to Drinking Alcohol</u>
<b>5</b>	<u>Legal and Illegal Drugs Legal and Illegal Drugs</u>	<u>Legal and Illegal Drugs Attitudes to Drugs</u>	<u>Legal and Illegal Drugs Peer Pressure</u>
<b>6</b>	<u>Preventing Early Use Cannabis</u>	<u>Preventing Early Use VSA and Getting Help</u>	<u>Preventing Early Use Help Advice and Support</u>

## First Aid (British Red Cross)

	First Aid Focus	Lesson 1	Lesson 2
Y1 (2)	Burn	Learn	Practise
Y2 (2)	Asthma Attack	Learn	Practise
Y3 (2)	Bleeding	Learn	Practise
Y4 (2)	Broken Bone	Learn	Practise
Y5 (2)	Head Injury	Learn	Practise
Y6 (2)	Choking	Learn	Practise

## Dental Health (PSHE Association)









	Lesson
Y1	KS1 Lesson
Y3	KS2 Lesson
Y5	KS2 Lesson

## Sun Safety (PSHE Association)









	Lesson
Y2	KS1 Lesson
Y4	KS2 Lesson
Y6	KS2 Lesson

# Anti-Racism Education Units

## KS1

			
<p><b>Lesson 1: Talking about race and racism</b></p> <p>In this lesson, students will begin to explore the meaning of the words 'race' and 'racism'.</p>	<p><b>Lesson 2: Defining anti-racism</b></p> <p>In this lesson, students explore what it means to be 'anti-racist'. They consider the ways in which being anti-racist is different from 'not being racist'.</p>	<p><b>Lesson 3: Redefining racism</b></p> <p>In this lesson, students use their knowledge of what race and racism is to challenge myths and stereotypes.</p>	<p><b>Lesson 4: Understanding racial socialisation and stereotypes</b></p> <p>In this lesson, students learn about 'stereotypes'. Students consider the ways in which TV, film and literature can sometimes lead us to think in stereotypical ways.</p>
			
<p><b>Lesson 5: Unconscious bias</b></p> <p>In this lesson, students learn about 'unconscious bias', considering the ways in which the messages we receive from society around us can sometimes lead us to stereotype and hold false beliefs about groups of people. We look at how and why racial bias causes harm.</p>	<p><b>Lesson 6: Being anti-racist in our actions</b></p> <p>Drawing upon all of the knowledge gained so far, students build upon the work started in Lesson 2 considering what it means for us to be anti-racist. Students will understand why the work of anti-racist is so important, and why anti-racism is everyone's responsibility.</p>	<p><b>Lesson 7: Representation matters</b></p> <p>In this lesson, students will explore the issue of media representation. Students will consider the ways in which both a lack of representation and misrepresentation can cause harm, negatively affecting how we see ourselves and others.</p>	<p><b>Lesson 8: Myth busting</b></p> <p>In this final lesson of the scheme, students consider the ways in which racial socialisation (e.g. media representation) has contributed to the creation and spread of 'myths'. Students (and teachers) consider what they can do as 'anti-racists' to challenge myths about the histories of People of Colour and the world outside of Europe.</p>

## KS2

			
<p><b>Lesson 1: Talking about race and racism</b></p> <p>In this lesson, students will explore meaning of the words 'race' and 'racism'. Students will be able to identify different types of racism and be able to explain why talking about race and racism is so important.</p>	<p><b>Lesson 2: Defining anti-racism</b></p> <p>In this lesson, students will consider what it means to be 'anti-racist'. Students will be able to identify actions that are anti-racist and will be able to provide examples of their own.</p>	<p><b>Lesson 3: Redefining racism</b></p> <p>In this lesson, students broaden their understanding of what racism is. Students will learn what 'systemic racism' is. They will consider the impact that racially biased policies and practices have on our understanding of the world, and on the lives of People of Colour.</p>	<p><b>Lesson 4: Understanding racial socialisation and stereotypes</b></p> <p>In this lesson, students' understanding of racism is developed further as they consider the ways in which the messages we receive from various aspects of society (e.g. the media, the education system) shape our understanding of 'race, ourselves and others.</p>
			
<p><b>Lesson 5: Unconscious bias</b></p> <p>Building on the learning from the previous lesson, students consider the harmful effects of stereotyping. Students learn about bias and why it is important that we don't make judgements about people based on the way they look.</p>	<p><b>Lesson 6: Being anti-racist in our actions</b></p> <p>In this lesson, students consider how we can be anti-racist in our actions, and why being anti-racist is so important.</p>	<p><b>Lesson 7: Representation matters</b></p> <p>In this lesson, students explore the issue of representation. Students reflect on why it is important that we see main characters that look like ourselves in the books we read, and the TV/films we watch.</p>	<p><b>Lesson 8: Myth busting</b></p> <p>In this lesson, students explore some of the myths and stereotypes that exist surrounding race, the histories of People of Colour and the world outside of Europe. Students consider the harm that racial myths and stereotypes can cause.</p>