

RSHE and Online Safety Curriculum Map 2021

FS2	Identity and Diversity		Sustainable Development		Globalisation and interdependence	
Online	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<u>Lifestyle and Health Wellbeing</u> L1: Getting Enough Sleep: Why is Sleep Important? L2 - Choosing what to do online		<u>The Social Web</u> S1 - Communicating Online S2 - Feeling Safe Online S3 - Personal Information	<u>Protecting Ourselves</u> P1 - Online Friends	<u>Commercial Risks</u>	<u>News & Information</u>

Y1	Identity and Diversity		Sustainable Development		Globalisation and interdependence	
RSHE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<u>Community</u>	<u>Mental health</u> M1 Where do feelings come from? M3 What helps me to be happy?	<u>Friends</u> F1 Who is my friend? F2 What makes a good friend?	<u>Physical</u> P1 How do I help my body stay healthy? P2 How do I decide what to eat?	<u>Family</u> Fa1 Who's in my family? Fa2 Do families always stay the same?	<u>Growing Up</u>
Online	<u>Lifestyle and Health Wellbeing</u> L1 Screen time (Os1)		<u>The Social Web</u> S1 Personal information S2 Being kind online	<u>Protecting Ourselves</u> P1 Online strangers	<u>Commercial Risks</u> C1 Passwords	<u>News & Information</u> N1 Content Creators

Y2	Identity and Diversity		Sustainable Development		Globalisation and interdependence	
RSHE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<u>Community</u> C1 How do we make a happy school? C2 Who lives in my neighborhood?	<u>Mental health</u> M2 Who am I ?	<u>Friends</u> F3 Should friends tell us what to do? F4 How do we stop bullying?	<u>Physical</u> P3 How do we stop getting ill? P4 How can I stay safe?	<u>Family</u> Fa3 How should families treat each other? Fa4 When should I say no? Fa5 Who owns my body? I do! Fa6 Are all families the same?	<u>Growing Up</u> G1 How do bodies change as we get older? C3 What makes a boy or a girl?
Online	<u>Lifestyle and Health Wellbeing</u> L2 Choosing what do to on line (Os2)		<u>The Social Web</u> S3 Communicating Online	<u>Protecting Ourselves</u> P2 Feeling Uncomfortable Online P3 Searching Safely	<u>Commercial Risks</u> C2 What is the Internet? C3 Accepting messages (10 mins)	<u>News & Information</u> N2 Scary news

Y3	Identity and Diversity		Sustainable Development		Globalisation and interdependence	
RSHE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<u>Community</u> C1 How do we make the world fair?	<u>Mental health</u> M1 How do I manage my feelings?	<u>Friends</u> Fr1 What makes a good friend?	<u>Physical</u> P1 How do I keep my body healthy? P2 How do I get a healthy diet?	<u>Family</u> Fa1 Do families always stay the same? Fa2 Are all families like mine?	<u>Growing Up</u>
Online	<u>Lifestyle and Health Wellbeing</u> L1 Screen time		<u>The Social Web</u> S1 Friendship Online	<u>Protecting Ourselves</u> P1 Online Strangers	<u>Commercial Risks</u> C1 Advertising C2 Personal Information C5 Passwords	<u>News & Information</u> N1 Digital Media

Y4	Identity and Diversity		Sustainable Development		Globalisation and interdependence	
RSHE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<u>Community</u> C2 Where do you feel like you belong? C3 How can we help the people around us?	<u>Mental health</u> M2 Are we happy all the time?	<u>Friends</u> Fr2 Are all friends the same? Fr3 Are friendships always fun?	<u>Physical</u> P3 How do I stop getting ill?	<u>Family</u> Fa3 Are boys and girls the same?	<u>Growing Up</u>
Online	<u>Lifestyle and Health Wellbeing</u> L2 Sleep L3 Deciding what is appropriate		<u>The Social Web</u>	<u>Protecting Ourselves</u> P2 Sharing Online	<u>Commercial Risks</u> C3 Copyright C4 Suspicious messages C5 Passwords	<u>News & Information</u> N2 Media Bias N3 Verifying content and echo chambers

Y5	Identity and Diversity		Sustainable Development		Globalisation and interdependence	
RSHE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<u>Community</u> C1 What is prejudice? C2 What is the history of prejudice? C3 What should I do if I encounter prejudice?	<u>Mental health</u> M1 Does everyone have the same feelings? M2 Should we be happy all the time?	<u>Friends</u> Fr1 What makes a close friend? Fr2 Can we be different and still be friends? Fr3 Should friends tell us what to do? Fr4 Why are some people unkind?	<u>Physical</u> P1 Is there such thing as a perfect body? P2 How can I stay fit and healthy? P3 How can I avoid getting ill?	<u>Family</u> Fa1 Why do some people get married? Fa2 Are families ever perfect? Fa3 Is there such thing as a normal family?	<u>Growing Up</u> G4 What is menstruation?
Online	<u>Lifestyle and Health Wellbeing</u> L1 Social media anxiety L2 Self Esteem L5 Online Stereotypes		<u>The Social Web</u> S1 Control and consent	<u>Protecting Ourselves</u> P1 Protecting our identity P2 Protecting images of us Online	<u>Commercial Risks</u> C1 Online advertisements and money on the internet 90 minutes C2 Personal information, terms and conditions	<u>News & Information</u> N1 Digital Media N2 Altering Images

Y6	Identity and Diversity		Sustainable Development		Globalisation and interdependence	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
RSHE	<u>Community</u> C5a Why is money important? C5b How should I spend my money? C6 What makes us feel like we belong? C7 What does it mean to be British?	<u>Mental health</u> M3 Why do we argue? M4 Who am I?	<u>Friends</u> Fr5 What are stereotypes? Fr6 How do I accept my friends for who they are?	<u>Physical</u> P4 Why do some people take drugs? P5 Where should I get my health information? P6 How do I save a life?	<u>Family</u>	<u>Growing Up</u> G1 How will my body change as I get older? G2 How will my feelings change as I get older? G3 How will I stay clean during puberty?
Online	<u>Lifestyle and Health Wellbeing</u> L3 Inaccurate Health Information L4 Digital 5 a Day L6 Game Ratings		<u>The Social Web</u> S2 Social Media and Cyberbullying	<u>Protecting Ourselves</u> P3 Unhealthy attention P4 Meeting Online strangers	<u>Commercial Risks</u> C3 Passwords C4 Copyright (revision) C5 In-app-purchases and credit card information	<u>News & Information</u> N3 Verifying information N4 Echo Chambers



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