

SKIPATHON WEEK – OVERVIEW



The diagram to the right provides an overview of the Skipathon video resources available to view during the course of the week.

The 'Skipping Tips' and 'Skills Intro' videos, along with the two separate teacher support videos (EYFS & KS1 and KS2) below, should be viewed in advance of using the tutorials.

Simply click on the underlined titles to view the associated video resources on the Sheffield Schools Get Active YouTube channel.



EYFS/KS1
SUPPORT



KS2
SUPPORT



SKIPPING TIPS VIDEO FOR KS2

Advice on choosing the best place to practice, making sure you have the right size skipping rope and jumping technique.



KS2 SKILLS INTRO VIDEO

An overview of the 4 Beginners skills and the 4 Advanced skills, to allow you and the children to identify the set of skills most suited to their previous experience/ability.

